

BREAKFAST MENU

DRINKS

TEA / TEA POT	2.5 / 4
<i>+ english breakfast, afternoon blend, earl grey, lapsang souchong, fresh mint, organic rooibos, china rose congou, darjeeling barnesbeg - first flush, moroccan mint green tea, jasmine chung hao, organic whole chamomile flowers, organic peppermint leaves, japanese sencha makinohara (green tea)</i>	
LATTE	3
<i>+ matcha, chai, golden, earl grey oat milk latte</i>	
COFFEE	2.5
<i>+ espresso, americano, flat white, cappuccino, latte</i>	
HOT CHOCOLATE / MOCHA	3
<i>+ chocolate sauce</i>	

HOUSE-PRESSED FRESH JUICES

JUICES	3.5
<i>+ orange, apple, pineapple, carrot, pink grapefruit</i>	
DETOX	4.5
<i>+ carrot, apple, orange, ginger</i>	
SUNSHINE JUICE	4.5
<i>+ apple, turmeric, black pepper, basil</i>	

SMOOTHIES

TROPIC THUNDER	5
<i>+ pineapple, strawberry, banana, ginger, lime, grapefruit, basil</i>	
MANGO AND BANANA	5
<i>+ mango, banana, orange juice, honey</i>	
GREEN TWIST	5
<i>+ apple, pear, avocado, kiwi, spinach</i>	
BLUEBERRY BLONDE	5
<i>+ blueberries, cranberry juice, pineapple, banana</i>	
COCOMINT REFRESHER	5
<i>+ coconut milk, avocado, mint, pineapple, lemon, honey</i>	
DATE WITH THE NUTTY PROFESSOR	5
<i>+ almond milk, dates, raw cacao, banana, flax seeds</i>	

BAKERY

TOAST	2.5
<i>+ wholemeal, sourdough or gluten free</i>	
CROISSANT	2.5
PAIN AU CHOCOLAT	2.5
ALMOND CROISSANT	2.5
TOASTED CRUMPETS	3
ENGLISH MUFFIN	2.5
HOMEMADE MUFFIN:	2.5
<i>ask about today's flavours</i>	

SWEET

THREE MELON & POMEGRANATE SALAD	5	
<i>+ honey yoghurt</i>		
OLYMPIC GRANOLA	4	
<i>+ low fat yoghurt and berry compote</i>		
COCONUT PORRIDGE	5	
<i>+ caramelised banana</i>		
FRENCH TOAST & BERRIES	8.5	
<i>+ orange crème fraîche and maple syrup</i>		
PANCAKE STACK	7.5	
<i>+ maple syrup</i>		
<i>with fresh strawberries</i>		+2
<i>with smoked streaky bacon</i>		+3

SAVOURY

HAM & CHEESE CROISSANT	5
SMOKED SALMON BAGEL	6
<i>+ cream cheese and chives</i>	
AVOCADO ON RYE	7.5
<i>+ poached egg and pimento d'espelatte</i>	
ROASTED CHERRY TOMATOES & FETA	7.5
<i>+ poached egg and rocket on gluten free bread</i>	
EGGS BENEDICT/ROYALE/FLORENTINE	8
<i>+ ham, smoked salmon, or spinach (trio of the three supp £2)</i>	
EGGS ANY STYLE	6
<i>+ any way you like them with toast of your choice</i>	
OLYMPIC BREAKFAST	10.5
<i>+ cumberland pork sausage, smoked streaky bacon, black pudding, field mushroom, grilled tomatoes, 2 fried eggs, baked beans and sourdough toast</i>	
VEGGIE BREAKFAST	10.5
<i>+ baked egg, butternut squash croquette, wild mushrooms, asparagus and sourdough toast</i>	

SIDE ORDERS

MUSHROOMS, TOMATOES, BAKED BEANS, EGGS	2
AVOCADO, FETA, SPINACH, BACON	3
BLACK PUDDING, SAUSAGES, SMOKED SALMON	3.5

*If you have a food allergy or special dietary requirement, please ask a member of staff for advice about our dishes.
All prices include VAT. A discretionary service charge of 10% will be added to your bill.*