

BREAKFAST MENU

DRINKS

TEA / TEA POT	2.5 / 4
<i>+ english breakfast, earl grey, camomile, fresh mint, peppermint and herb</i>	
COFFEE	2.5
<i>+ espresso, americano, flat white, cappuccino, latte</i>	
HOT CHOCOLATE / MOCHA	3
<i>+ chocolate sauce</i>	
HOUSE PRESSED FRESH JUICES	3.5
ORANGE	
APPLE	
PINEAPPLE	
CARROT	
PINK GRAPEFRUIT	
DETOX	4.5
<i>+ carrot, apple, orange, ginger</i>	
SUNSHINE JUICE	4.5
<i>+ apple, turmeric, black pepper, basil</i>	

BAKERY

TOAST	2.5
<i>+ wholemeal, english muffin, sourdough or gluten free</i>	
HOMEMADE BLUEBERRY MUFFIN	2.5
PASTRIES	2.5
<i>+ croissant, pain au chocolat or almond croissant</i>	
TOASTED CRUMPETS	3

HEALTHY

FRUIT & BERRY SALAD	4
OLYMPIC GRANOLA	4
<i>+ low fat yogurt and berry compote</i>	
AVOCADO TOAST	7
<i>+ poached egg and radishes on wholemeal bread</i>	
ROASTED CHERRY TOMATOES & FETA	7.5
<i>+ poached egg and rocket on gluten free bread</i>	
PORRIDGE	4.5
<i>+ raisins and sultanas</i>	

SMOOTHIES

TROPIC THUNDER	5
<i>+ pineapple, strawberry, banana, ginger, lime, grapefruit, basil</i>	
MANGO AND BANANA	
<i>+ mango, banana, yoghurt, lemon juice, honey</i>	
GREEN TWIST	
<i>+ apple, pear, avocado, kiwi, spinach</i>	
BLUEBERRY BLONDE	
<i>+ blueberries, cranberry juice, pineapple, banana</i>	
GOLDEN PINEAPPLE	
<i>+ pineapple juice, turmeric, black pepper, lime, avocado, kiwi, agave</i>	
DATE WITH THE NUTTY PROFESSOR	
<i>+ almond milk, dates, raw cacao, banana, flax seeds</i>	
COCOBERRY SMOOTHIE	
<i>+ coconut milk, berries, chia seeds, banana</i>	

SAVOURY

CROQUE MONSIEUR / MADAME	7 / 8
HOME SMOKED SALMON & EGGS	8.5
<i>+ scrambled eggs on sourdough toast</i>	
EGG & BACON BUN	6
EGGS BENEDICT/ROYALE/FLORENTINE	8
<i>+ ham, smoked salmon, or spinach (trio of the three supp £2)</i>	
OMELETTE "ARNOLD BENNETT"	9.5
EGGS ANY STYLE	6
<i>+ any way you like them with toast of your choice</i>	
OLYMPIC BREAKFAST	10.5
<i>+ cumberland pork sausage, smoked streaky bacon, black pudding, field mushroom, grilled tomatoes, 2 fried eggs, baked beans and sourdough toast</i>	
BRIOCHE FRENCH TOAST	7.5
<i>+ poached pears and caramel sauce</i>	
PANCAKE STACK	7.5
<i>+ maple syrup</i>	
<i>with fresh strawberries</i>	+ 2
<i>with smoked streaky bacon</i>	+ 3

*If you have a food allergy or special dietary requirement, please ask a member of staff for advice about our dishes.
All prices include VAT. A discretionary service charge of 10% will be added to your bill.*